

# Smart Start of Forsyth County Trainings

Unless stated otherwise, all classes will be held at the Smart Start of Forsyth County Training Room.

To register, please call the Training Line at 336-714-4368 or email [patm@smartstart-fc.org](mailto:patm@smartstart-fc.org)

*February Trainings (please call to register beginning on January 25, 2009).*

## **Coping with Stress**

Date: February 2, 2010

Time: 6:30-8:30 pm

Presenter: Martine Powell

Do you want to learn techniques and resources to help you manage stress? This workshop will help early childhood educators minimize stress as they work with all children (including children with disabilities). There are resources available and techniques that will be shared during this workshop.

## **Teaching and Leading Children**

Date: February 2, 9, 16, 2010

Time: 6:30 - 8:30 pm

Presenter: Gwen Walter

This is a 3 part workshop. It will foster understanding of children's development and behavior; how to build self esteem through encouragement and listening skills; and how to solve problems with young children. This class will be especially helpful to both new and veteran teachers. You must be present for all 3 parts to receive your contact hours.

## **Getting It All Done: Time Management for Busy Directors/Assistant Directors**

Date: February 4, 2010

Time: 6:00-9:00 pm

Presenter: Lesha Workman

Why are some centers operating like "well oiled machines" while others seem to be surviving on a lifeline? This workshop will assist Directors and Assistant Directors with getting all of the work that has to be done to keep a center functioning at an optimal level all of the time. This workshop is your invitation. Come out and discover techniques and strategies to insure success in keeping paperwork and files up to date with other Directors and Assistant Directors

## **Dental Hygiene for Preschoolers**

Date: February 9, 2010

Time: 6:30-8:30 pm

Presenter: Deborah Massenburg

This is a very informative workshop that all early care providers should attend. The instructor will show how dental hygiene can play an active role in a child's routine and behavior. This information can be applied in the centers or even passed along to parents to be used in homes. Good oral hygiene plays a major role in a child's well being. Come out and see!

## **Wee Music Time Big Book Affair:**

Date: February 6 and 13, 2010 (Saturdays)

Time: 9:00-11:00 am

Presenter: Dr. Donna Wiggins

Come one come all to the Wee Music Time

Big Books Affair!! Learn how to inspire a love for reading in your preschoolers through integrating award-winning favorites from Big Book collections with children's music favorites.

## **ITS SIDS**

Date: February 18, 2010

Time: 6:30-8:30 pm

Presenter: Rodd Smith

Professionals from Baby Love Plus of the Forsyth County Health Dept. will discuss the importance of being prepared for Sudden Infant Death Syndrome (SIDS). You will be provided with the most current information so that you will be prepared to take preventive measures that will help ensure that young children who are in your care will be safe while they sleep.

## **Playground Safety**

Date: February 20, 2010

Time: 8:30 am-12:30 noon

Presenter: Karatha Scott

This training will cover all of the state required procedures and regulations to operate a safe and healthy outdoor play environment.

## **Supporting Young Writing of Preschoolers: The DAP Way**

Date: February 23, 2010

Time: 6:30-8:30 pm

Presenter: Stephanie Hood

Literacy includes reading and writing for young children. Is your classroom set up to promote writing as well as reading? Are children given meaningful, relevant and interesting opportunities to use writing? Participants will discuss this and learn strategies to support the writing skills of young children.

*March Trainings (please call to register beginning on February 22, 2010)*

## **Keeping the Peace!**

Date: March 6, 2010 (Saturday)

Time: 8:30 am-12:30 noon

Presenter: Romy Allen

If you want to get a handle on how to keep that "wild child" calm while simultaneously protecting your "last nerve" then this is the training for you. We will discuss issues of behaviors and what strategies are most effective in terms of positive guidance techniques and what "really works" in a classroom setting. You will gain practical knowledge that will help you to "Keep the Peace" in your learning environments.

## **Teacheread**

Date: March 8 and 9, 2010 (Monday)

Time: 6:30-8:30 pm

Presenter: Marjorie Burris

This workshop will help you share stories with children with enthusiasm that children "can feel and catch." Reading aloud becomes fun and will become a favorite place for children to return. The trainer will model effective reading techniques and demonstrate how to encourage children to talk

about the story. Early childhood educators will learn to use books as a "springboard" for lesson planning and classroom enhancement. This is a 2-part series. You must be present for both classes in order to receive your contact hours.

## **Building Self Esteem in Young Children: Everyday in Many Ways**

Date: March 9, 2010

Time: 6:30-8:30 pm

Presenter: Martine Powell

Building the self esteem of young children is an ongoing, everyday process. But there is nothing mundane about it. Early educators work at building the self esteem of all children (including children with disabilities). Come out and learn new techniques and resources to help you manage stress in caring for typically and atypically developing children.

## **Identifying Children with Special Needs**

Date: March 11, 2010 (Thursday)

Time: 6:30-8:30 pm

Presenter: Jennifer Byers

All children are special and have unique needs! This workshop will focus on the development of young children and criteria to help providers identify children with possible delays. Participants will obtain information that will assist in determining if a child (ren) would potentially need intervention. They will also be provided several tips to facilitate talking with parents about concerns they may have.

## **Science Fun with Preschoolers**

Date: March 16, 2010

Time: 6:30-8:30 pm

Presenter: Stephanie Hood

Young children are natural investigators. They are active learners who are ready to explore. The trainer will engage participants in strategies to promote science and math.

## **ITS SIDS**

Date: March 18, 2010

Time: 6:30-8:30 pm

Presenter: Rodd Smith

A Professional from the Baby Love Plus, a program sponsored by the Forsyth County Health Department, will discuss the importance of being prepared for Sudden Death Syndrome (SIDS). The instructor will give you preventive measures that should be taken when caring for young children.

## **The Five Love Languages**

Date: March 23, 2010

Time: 6:30-8:30 pm

Presenter: Pat Minter

Are you interested in learning more about communicating with young children and relating to them in ways that allow them to feel loved and cared for? Come out and learn about 5 different styles of relating to children as described in the book *The Five Love Languages* by Dr. Gary Chapman.

*April Trainings (please call to register beginning on March 29, 2009)*

### **Developmental Milestones**

Date: April 6, 2009

Time: 6:30-8:30pm

Presenter: Martine Powell

Participants will be provided with an interactive timeline and information to assist with understanding developmental milestones for infants up to 5 years of age, in addition to early warning signs of delayed development.

### **Teaching and Leading Children**

Date: April 6, 13, 20, 2010

Time: 6:30-8:30 pm

Presenter: Gwen Walters

This workshop series will foster understanding children's development and behavior, how to build self esteem through encouragement and listening skills; and how to solve problems with young children. You must be present in all 3 parts of this series to get your contact hours.

### **Learning Styles/Multiple Intelligences: How Do You Know What to Teach Young Children?**

Date: April 10, 2010 (Saturday)

Time 8:30 am-12:30 noon

Presenter: Romy Allen

In today's world, children are exposed to many types of family structures that influence the way children learn and develop. Understanding those influences provides the background necessary to plan appropriate curriculum that supports each child's maximum potential of growth.

### **The Spirited Child**

Date: April 12, 2010 (Monday)

Time: 6:30-8:30 pm

Presenter: Marjorie Burris

Participants will learn how to understand the Spirited Child. In addition, participants will learn strategies that will enable them to work well with the spirited child in supportive ways that help enable the spirited child to cooperatively participate in the classroom.

### **Playground Safety**

Date: April 22, 2010 (Thursday)

Time: 5:00-9:00 pm

Presenter: Karatha Scott

This training will cover all of the state required procedures and regulations to operate a safe and healthy outdoor play environment.

### **ITS SIDS**

Date: April 18, 2010 (Thursday)

Time: 6:30-8:30 pm

Presenter: Rod Smith

A professional from Baby Love Plus, a program that is sponsored by the Forsyth County Health Department, will discuss the importance of being prepared for Sudden infant Death Syndrome (SIDS). They will give you some preventive measures that should be taken when caring for young children.

### **Kindergarten Readiness**

Date: April 27, 2010

Time: 6:30-8:30 pm

Presenter: Stephanie Hood

Teachers of young children need to begin preparing their students in infancy for kindergarten. Participants will gain knowledge about kindergarten screenings. They will also learn readiness skills that they can teach preschoolers to help them enter kindergarten ready to learn.

### **Asthma Education**

Date: April 29, 2010 (Thursday)

Time: 6:30-8:30 pm

Presenter: Jill Hinckley-Noble

This workshop will help prepare childcare providers recognize some asthma triggers and it will help them learn how some can be prevented. Participants will have hands on experience on using the inhalers.

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## **Work Family Resource Center Trainings**

Unless stated otherwise, all classes will be held at WFRC, 313 Indera Mills Ct.

To register, please call 336-761-5100 or email [dbell@workfamilyresource.org](mailto:dbell@workfamilyresource.org)

### **Family Child Care Environmental Rating Scale (FCCERS-R) Training**

Thurs. January 28, 2010 6pm-8p

Presenter: Cherie White

This informative workshop will cover the revised rating scale and discuss the process for administration in your FCC program. Participants will review the scoring system, notes for clarification as well as look at sample situations. This training is designed for participants with little knowledge of the rating scale.

### **CSEFEL Training Module 1 & 2 Tues., Jan.26, 2010 6:30-8:30pm**

Presenter: Judy Hoskins

Cost \$30 Cost include CD and handouts

CSEFEL will be held @ Northwest CDC.

This is a basic overview of the training for preschool professionals from the Center for Social Emotional Foundations of Early Learning (CSEFEL). The four Modules will be presented in two sessions.

Preschool Modules: 1 & 2

Participants will be introduced to the importance of building relationships with children, families, and colleagues, and the relationship between children's social emotional development and challenging behaviors. Discussions will cover how challenging behavior serves as a function for children, and the relationship between a child's environment and behaviors. Evaluation systems of a professional's work with children will be a focus with the (IOP) Inventory of Practices.

### **Family Child Care Home Pre Licensing Workshop**

Tues. February 9, 2010 8:30am

Presenter: Betty Nelums Cost \$40.00

This one-day workshop is a comprehensive review of the North Carolina Family Child Care Home Rules and Regulations and will be helpful to those who are planning to operate a family childcare home. Cost includes Family Childcare Notebook.

### **Advance Family Child Care Environmental Rating**

Tues. Feb.11, 2010 6-8pm

Presenter: Vonya Washington Cost \$5.00

This training focuses more on the seven subscale items of the rating scale. It breaks down exactly what the assessors are actually looking for in your environment, materials, diversity, and interactions among the children and with you, the provider. We will also be taking a closer look at the scoring system and familiarizing ourselves with new key terms and how they affects your score. Please bring your revised rating scale book to the training and any questions you may have.

### **Key to SACERS**

Wed., Feb. 17, 2009 10am-12pm

Presenter: Tarsha Banister Cost \$20.00

Need help pulling it all together before your assessment?

Are you ready to take your program to the next level?

Join us as we explore the School Age Care Environment Rating Scale. Discover how to improve your overall score, conduct mock-assessments, and the importance of enhancing your learning environment with developmentally appropriate materials. This workshop will make a difference in your program!

### **CSEFEL Training Module 3 & 4**

February 23, 2010 6:30-8:30pm

Presenter Judy Hoskins

CSEFEL will be held @ Northwest CDC.

(Modules 1 & 2 are a prerequisite for this class)

Participants will be introduced to intensive interventions and determining the meaning of a child's challenging behavior. Discussions will cover developing a behavior

support plan and leadership strategies for supporting children's social emotional development and addressing challenging behavior. Cost include CD and handouts

### **Building Parent-Provider Partnerships in Child Care**

Thurs. Feb. 25, 2010 6pm-8pm

Presenter: Cherie White Cost \$5.00

Families are the primary influence in the lives of their children. This training will explore ways to create a learning environment, which reflects the culture, strengths and desires of families for their children. Participants will also look at various strategies for establishing effective relationships with parents.

### **IT'S SIDS**

March 15, 2010 6:30-8:30

Presenter Jennifer Davis Cost \$5.00

This informative and engaging presentation will provide an overview of Sudden Infant Death Syndrome (SIDS). The presentation will also list features of the NC SIDS Law for Childcare, identify safe sleep standards and best practices, and provide information concerning SIDS resources and how to access them

### **Food, Fitness and Fabulous Fun**

Thur. March 25, 2010 WFRC 6pm-8pm

Presenter: Vonya Washington & Cherie White

Cost \$5.00

Healthy Food Equals Healthy Children. Food provides the building blocks for a strong and healthy body and the energy your child needs to play learn and grow. During this workshop we will explore topics such as: diet, nutrition, exercise and ways that you can set a positive example through the food that you serve and physical activities that you offer to the children. This workshop is open to Family Child Care Providers Only and WILL COUNT toward your required CACFP Food Program Training.